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Visit to C.H.C. Muradnagar

The department of community medicine made an educational visit to Community Health Centre (C.H.C) Muradnagar, Ghaziabad on 14th November 2022. The beneficiaries of the visit were 15 MBBS students from 2nd and 3rd year, along with 4 interns posted in the department. The visit was supervised by Dr. Kshitij (Assistant professor) and Mr. Naresh (Social worker).

The students were apprised about the day to day functioning of the centre. They were told about the common and endemic diseases of the community and the patients visiting the OPD were reviewed. They were also the wards and the patients admitted there. The delivery room and the basic and emergency delivery care was explained.





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DOTS centre visit

The department of community medicine made an educational visit to DOTS (Direct Observation Treatment Shortcourse) Muradnagar, Ghaziabad on 14th November 2022. The beneficiaries of the visit were 15 MBBS students from 2nd and 3rd year, along with 4 interns posted in the department. The visit was supervised by Dr. Kshitij (Assistant professor) and Mr. Naresh (Social worker).

The students were apprised about the day to day functioning of the centre. The magnitude of the disease with its morbidity and mortality were explained. The latest program for the elimination of tuberculosis explained and the medicines given in the various phases demonstrated.





Department Of Biochemistry, Santosh Medical College & Hospital, Ghaziabad

HEALTH CARE PROGRAM-BLOOD SUGAR CAMP & EDUCATIONAL AWARENESS

A free blood sugar camp was organized by Department of Biochemistry, Santosh Medical College & Hospital, SDTU, Ghaziabad, at Sanskar Public School, Sadarpur, Ghaziabad on 21st July 2022 from 9:00am to 12.30 pm. 25 teaching staff and 15 nonteaching staff were screened for Diabetes and awareness was also created for early prevention of the same. The “value of nutritious food” was shared to the school children. The camp was attended by faculty members-Dr. Juhi Aggarwal (HOD & Professor, Biochemistry) and non teaching staff members- Mr. Manoj Kr. Tyagi (Lab Supervisor), Mr. Ashwani Kr. Sharma (Lab Technician) and Mr. Mahender (Lab Technician) along with students. The reports were dispatched and staff was advised for their screening at OPD, Santosh Hospital. The event was widely covered in the newspaper as well.





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Event report

Awareness session on World Population Day

Preface:

Santosh deemed to be University, Ghaziabad organized an awareness session on World Population Day on 11th.July. 2022. Theme was 'A world of 8 billion: Towards a resilient future for all- Harnessing opportunities and ensuring rights and choices for all'.

Objective of the session was to create awareness about the growing population of the country and its hazardous effects, and ways of family planning.

Collaboration:

) The event was organized in collaboration with CHC, Muradnagar on World Population Day,2022. It was organized by the Department of Community Medicine, Santosh Medical College, Ghaziabad.

Execution:

-) Event was executed at Community Health Centre, Muradnagar.
-) The post graduate students in the department highlighted the importance of this day and the theme of this year., emphasizing the trends at which the population in India is currently growing.
-) The interns and 3rd year students performed a roleplay, which showed problems associated with big families and large population on individual, community and national level.



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-)] They also explained importance of small families and concept of family planning.
-)] General public was explained about various ways of birth control like spacing methods which include Condoms, Intra Uterine device, Oral Contraceptive Pills, emergency contraception and terminal methods which include vasectomy and tubectomy.
-)] More than 30 patients were present in the hospital and many staff members also attended the event.
-)] Block Pramukh was also welcomed in the event and appreciated the performance of students and interns.
-)] Feedback was collected at the end of the event.
-)] Faculty: Dr. Kshitij Choudhary
-)] PGs: Dr. Amit Jaiswal, Dr. Abhishek Nath, Dr. Priyanka Verma
-)] Health Workers: Mr. Naresh, Miss Jaspreet
-)] 4 Interns and 4 UG students took part in the activity, and 14 other students attended the event.





Department Of Biochemistry, Santosh Medical College & Hospital, Ghaziabad

BLOOD SUGAR CAMP & EDUCATIONAL AWARENESS

A free blood sugar camp was organized by Department of Biochemistry, Santosh Medical College & Hospital, SDTU, Ghaziabad, at G Block, Sector -12, Pratap Vihar on 6th July 2022 from 11.00 am to 1.00pm. 100 local residents were screened for Diabetes and awareness was also created for early prevention of the same. This program was appreciated from the local governing body. The camp was attended by faculty members-Dr. Juhi Aggarwal (HOD & Professor, Biochemistry) and Dr. Suruchi Mathur (Assistant Professor, Biochemistry) and non teaching staff members- Mr. Manoj Kr. Tyagi (Lab Supervisor), Mr. Ashwani Kr. Sharma (Lab Technician)and Mr. Mahender (Lab Technician) along with students. The reports were dispatched and local residents were advised for their screening at OPD, Santosh Hospital.





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Camp report

VENUE: Gharonda orphanage, Ghaziabad

DATE: 15. October. 2022

PGs participated: 2 (2 from Community medicine, 1 from paediatrics)

Interns participated: 2

Health Workers: 2

Faculty:2

Organised by: Department of Community Medicine, Santosh Medical College, Ghaziabad

PATIENTS SCREENED: 30

REPORT

- A free health camp was organised on 10. October .2022, in Specialised Adoption Agency, Gharonda orphanage, Ghaziabad, by Department of Community Medicine, Santosh Medical College, Ghaziabad.
- A total of 30 children were examined by Head of Department of Paediatrics Dr. K. C. Aggarwal, Santosh Medical College.
- The clinical finding were noted on OPD cards which had the stamp of 'health camp'.
- All the children were screened for BMI, head circumference and mid arm circumference
- All children were examined and given prescriptions for various health conditions like rhinitis, URTI, gastroenteritis, ASOM, scabies, fungal infections, anemia etc.



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- Patients requiring advanced treatment were advised to visit higher centre (Santosh Hospital) for respective speciality.
- Children were given free medications which included paracetamol, cough syrup, levocetirizine syrup, anti fungal powder, permethrin cream etc. The orphanage care taker was instructed about the medication usage and doses.
- Staff was also involved.
- Children were educated about good hygiene practices and motivated for regular health checkups.
- The photographs are attached herewith.





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Report on 'Plantation Drive'

Community Medicine Department, Santosh Deemed to be University organised a **Tree Plantation Activity** in **Girdharpur Village, Ghaziabad** as an initiative for environment protection and awareness. Department's faculty, Post Graduate Students, Interns, Under Graduate Students and Health Workers all contributed in trees and shrubs plantation, which included Mango, Phycus, Peepal, Neem, Papaya, Guava, Flowering plants and many more. Around 20 trees and shrubs were planted. The locals were also made aware about importance of planting trees and its benefit to environment, humans and our planet.

-) Faculty- Dr. Deepika Agrawal, Dr. Kshitij Choudhary
-) PGs- Dr. Abhishek Nath
-) Interns- Dr. Deepika Sharma, Dr. Chandan Rath, Dr, Bhavya Sharma, Dr. Damanpreet Kaur
-) Health Workers- Mr. Rajesh, Miss Jaspreet
-) Alongwith them, 10 3rd year M.B.B.S students also took part in the activity

Signature of HOD with stamp









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Event report

Awareness session on Population control

Preface:

Santosh deemed to be University, Ghaziabad organized an awareness session on 18th July 2022

Objective of the session was to create awareness about the growing population of the country and its hazardous effects, and ways of family planning.

Execution:

-) Event was executed at Behrampur, Ghaziabad.
-) The post graduate students in the department highlighted the trends at which the population in India is currently growing, and the need to control it.
-) The interns and 3rd year students performed a roleplay, which showed problems associated with big families and large population on individual, community and national level.
-) They also explained importance of small families and concept of family planning.
-) General public was explained about various ways of birth control like spacing methods which include Condoms, Intra Uterine device, Oral Contraceptive Pills, emergency contraception and terminal methods which include vasectomy and tubectomy.

) Around 25 people were present in the event. They listened with keen interest and appreciated the performance and efforts of the department.

) Feedback was collected at the end of the event.

) Faculty: Dr. Kshitij Choudhary

) PGs: Dr. Abhishek Nath

) Health Workers: Miss Jaspreet

) Interns: Dr. Chandan Rath, Dr. Deepika Sharma, Dr. Bhavya Sharma, Dr. Damanpreet Kaur





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Report on Biomedical Waste Treatment Plant visit

Under-Graduate students of MBBS along with health worker visited Biomedical Waste Plant in Masuri Gulawathi Road, Industrial Area, Hapur on 15th July 2022. This visit was supervised by the postgraduate students of Dept of Community Medicine.

The management and staff members of the treatment Plant taught about the process involved in management and treatment of hospital associated waste, such as segregating the waste in Yellow, Red, White and Blue containers, waste transportation, Autoclaving, Shredding, recycling, landfilling and Incineration. They also showed the equipment involved in the process, such as Autoclave machine, shredding machine, waste aggregating chambers, transportation vans etc. The visit was fruitful and we got new information and knowledge.

Dr Deepika Agrawal
Prof and Head
Dept of Community Medicine
Santosh Medical College



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**Department of Oral Pathology, Public Health Dentistry &
Department of Periodontology**
Industrial Visit to TC Healthcare, Modinagar

Department of Oral Pathology, Public Health Dentistry & Department of Periodontology organized an Industrial Visit on 12th July 2022 in collaboration with TC Healthcare Ltd, Modinagar, Ghaziabad to understand the manufacturing of sustained release preparation and medication of drugs. It was attended by 4 Faculties (2 from Oral Pathology, from Periodontology and 1 from Public Health Dentistry), 5 Post Graduate Students (4 from Oral Pathology and 1 from Periodontology) and 5 intern students.

The visit included a tour of the pharmaceutical company involved in manufacturing the tablets which was controlled with centrally air-handling positive pressure system. The visit also included sampling of drugs performed accordingly to specific procedures by trained personnel. The visit ended with vote of thanks with light refreshments. The group reached Dental college & Hospital at 3:00pm.

Department of Oral Pathology

1. Dr. Neeraj Grover (Faculty)
2. Dr. Kanika Bhalla (Faculty)
3. Dr. Richa Singh (PG Student)
4. Dr. Nancy Verma (PG Student)
5. Dr. L J Deepti (PG Student)
6. Dr. Mona Heigrum (PG Student)

Public Health Dentistry

1. Dr. Mohit Dadu (Faculty)
2. Dr. Sarath Mohan PV (Intern)
3. Dr. Keerthana S Pillai (Intern)
4. Dr. Nayana Anil (Intern)

Department of Periodontology

1. Dr. Priyanka Aggarwal (Faculty)
2. Dr. Vaishali Rai (PG Student)
3. Dr Shivani (Intern)
4. Dr. Shruti (Intern)







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Event report

Awareness session on No Tobacco Day

Preface:

Santosh deemed to be University, Ghaziabad organized an awareness session on No Tobacco Day (31st May) on 30.May.2022. Theme was “Protect the environment”.

Objective of the session was to create awareness about the health effects of various types of Tobacco products, treatment of dependence, and how to prevent oneself from taking tobacco.

Collaboration:

-) The event was organized in collaboration with Poorva Vidyala, Girdharpur Sunaarsi on 30.May.2022
-) It was organized by the Department of Community Medicine, Santosh Medical College, Ghaziabad.

Execution:

-) Event was executed at Poorva Vidyala, Girdharpur Sunaarsi.
-) The post graduate students in the department highlighted the importance of this day and the theme of this year.
-) Post Graduate student highlighted the general health effects from various forms of tobacco like COPD, infertility, various types of cancer, HTN, coronary artery disease, teratogenicity, psychological dependence etc.

-)] The interns posted in community medicine department performed separate talk on Oral cancer and Lung cancer in detail with preventive measures.
-)] At the end post graduate student talked about measures to quit smoking, treatment from dependence and preventive measures for a non smoker.
-)] Everyone present at the event listened to the health talk with concentration and interest.
-)] More than 30 people were present at the and many staff members also attended the event.
-)] Feedback was collected at the end of the event.
-)] Faculty- Dr. Kshitij Chudhari
-)] PGs- Dr. Abhishek Nath, Dr. Amit Jaiswal, Dr. Priyanka Verma
-)] Interns - Dr.Arya, Dr.Archana, Dr. Arjunmand, Dr. Rohit
-)] Social Workers- Mr. Rajesh, Mr. Naresh

Signature of HOD with stamp





Signature of HOD with stamp



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Camp report

VENUE: Girdharpur district, Ghaziabad

DATE: 30 May2022

PGs participated: 3

Interns participated: 4

Health Workers: 2

Faculty:1

Organised by: Department of Community Medicine, Santosh Medical College, Ghaziabad

PATIENTS SCREENED: 30

REPORT

- A free health camp was organised on 30.May.2022, in Girdharpur district, Ghaziabad, by Department of Community Medicine, Santosh Medical College, Ghaziabad.
- A total of 30 patients were examined.
- The clinical finding were noted on OPD cards which had the stamp of 'health camp'.
- The OPD cards were handed to the patients.
- All the patients were screened for BP and BMI.
- All patients were examined and given free medications for various health conditions like anemia, gastroenteritis, hypertension, osteoarthritis, rhinitis, dyspepsia etc.
- Patients requiring advanced treatment were referred to Santosh Hospital for low cost treatment.



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- Staff was also involved.
- Patients were educated and motivated for regular health checkups.
- The photographs are attached herewith.





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Awareness session on World Malaria Day

PREFACE:

Santosh Deemed To Be University, Ghaziabad organised an awareness session on World Malaria Day on 25. April. 2022. Theme was 'Harness innovation to reduce the malaria disease burden and save lives'.

Objective of the session was to create awareness about the disease and its preventive measures.

COLLABORATION:

- The event was organised in collaboration with Gram Panchayat Samiti at Santhali district, Ghaziabad.
- It was organised by the Department of Community Medicine, Santosh Medical College, Ghaziabad. Gram Pradhan Mr. Anuj Tyagi and Panchayat member Mr. Rahul Tyagi helped the department in the execution of the programme.

EXECUTION:

- Event was Executed at Panchayat Bhavan, Santhali.
- Post Graduate students and interns highlighted the malaria symptoms, causative agent and preventive measures in an interactive way to Primary School Children and staff members.
- Children were told about the methods to prevent mosquito breeding, like usage of repellents, avoiding water retention at homes etc.
- The students participated in the discussion in an enthusiastic way.
- At the end Mosquito repellents like sprays, coils, ointments, camphor sticks, patches were distributed to the children and staff members.
- More than 100 beneficiaries were present in the awareness session.
- Feedback was collected at the end of the event.
- Faculty: Dr. Deepika Agrawal, Dr. Anupama Singh
- PGs: Dr. Abhishek Nath, Dr. Priyanka Verma, Dr. Amit Jaiswal
- Interns: Dr. Abhilasha, Dr. Abhinav kumar, Dr. Neha Tiwari, Dr. Muneer Ahmed, Dr. Vishwadeepak, Dr. Nikhil Vinayak
- Health workers: Mr. Rajesh, Mr. Naresh

Signature of HOD with Stamp



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